



Sacramento Region  
Travel Info

# How to Travel by Bus, Light Rail, Bicycle and Walking



## Walking

Pedestrians are people who are walking. Pedestrians should use sidewalks. When sidewalks are not available, pedestrians must walk on the left side of the street, facing traffic.

Do not walk in the street.

Cross at a marked corner crosswalk where possible.

Pedestrians should cross streets at corners. Pedestrians can cross at any corner, unless signs forbid it. Only cross mid-block where there is a marked crosswalk.

Always look both ways before crossing the street. When crossing, make eye contact with nearby drivers, to make sure they see you. Always obey traffic signs and signals.

Never walk on freeways.

Use bicycle lanes when available. When no bicycle lane is available, stay on the road and never ride on a freeway unless it is posted to do so.

Slowly and carefully approach intersections and driveways while riding a bicycle and yield to pedestrians.

Don't ride on the sidewalks.

If riding at night, a white light in front and a red light in back are required by law. State law also requires bicyclists to follow traffic laws including obeying traffic light signals, and stop/yield or other signs.



Left turn



Right turn



Slowing and Stopping



## Bicycle

Before starting bicycling, make sure your bicycle is working properly.

Bicyclist may use all streets, even those without bike lanes. The same laws that apply to motorists, apply to bicyclists.

When bicycling, always ride on the right side of the road with the flow of traffic and wear bright-colored clothing and a helmet. If on a one-way road, always ride with the direction of traffic.



## Bus

When riding the bus, have your bus numbers, any transfers, and destination written down on a piece of paper. Not all transit providers accept transfers, please confirm if you can use transfers before you travel.

Arrive at least 5 minutes early to the bus stop and stay on the curb until the bus stops.

Determine the appropriate fare payment for your trip prior to arriving at the bus stop, including extra money needed for transfers. Have your money ready, exact change is required.

People in wheelchairs or who have disabilities or mobility issues can board buses on the wheelchair lift.



Many buses have video cameras and all have a two-way radio.

Drivers work closely with police to ensure safety.

If you are standing on the bus, use the handrails and never stand in stairwells.

To stop the bus, pull the cord near the window or press the strip, at least one block before you want to get off.

Get off the bus at the back door, by pressing the door open button, stepping down or pushing the door open.



## Light Rail

When riding the light rail, have your light rail line, any transfers and destination written down on piece of paper.

Ticket information is available at all light rail stations.

Tickets must be purchased or validated in advance of boarding at a ticket vending machine located at all light rail stations.

Arrive at least five minutes early to the station, stand behind yellow line until the train has stopped. To board the light rail, push the button on the door.

People in wheelchairs or who have disabilities, difficulty walking, or strollers may board light rail using the ramps or lifts located at each station. Strollers should be folded up before getting on the train.

Up to four bicycles per car are allowed on light rail, two in front and two in back, except for the first car where space is left in front for people in wheelchairs.

To request a stop, press the stop request button at the doorway.

To exit, press the stop request/door open button when the train has stopped. If the door begins to close, step on the bottom step or press the stop request/door open button again.

Light rail stations are patrolled by police and security. If you need help while on light rail, contact the train operator at the front of the train.

In case of an emergency, call 911.

**For schedules and routes in your area...** call 511 or go to [www.sacregion511.org](http://www.sacregion511.org). If you do not speak English, ask an English-speaking friend to help.

Printed materials with information on bus, light rail, bicycling and walking are available at: **[www.sacregion511.org](http://www.sacregion511.org)**



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